



Arlington Food Assistance Center

"Feeding Our Neighbors In Need"

INSIDE THIS ISSUE:

Letter from the Chair 2
 AFAC Mission..... 2
 Aracely: 3
 Making it on her own
 It's in the Bag 4
 Plant a Row 5
 Thanks to Teens 6
 New at AFAC..... 7

HOLIDAY FOOD DRIVES

Collecting non-perishable food for AFAC is helpful at any time but is particularly needed and appreciated between now and the end of the holiday season, when we expect heavy demand from the families we serve.

Possible venues for food drives include your workplace, school, congregation or neighborhood.

For more information and help in organizing a food drive, please contact Food Drive Coordinator Magda Jaskot by email to afacmagda@aol.com. or call her at (703) 845-8486.



You can donate online to AFAC. See our website for details. www.afac.org

NUMBER OF FAMILIES SERVED KEEPS GROWING Record Set in Early October

The number of needy Arlington families AFAC serves each week keeps growing. A record 1,275 families came to us the first week in October, and the weekly count was over 1,200 for three of the four weeks in September.

In the early summer, it appeared the demand for the free supplemental groceries we provide was leveling off – at a very high rate. In June and July about 1,100 families came weekly to AFAC. However, growth resumed in August and shows no sign of abating. Our current average of over 1,200 families means we're serving about 3,500 individuals --2,200 adults and 1,300 children -- each week.

"We're proud and pleased at how the entire Arlington community has responded and enabled us to serve more of our neighbors," said AFAC Chair Sue Covucci. She noted that donations of food and money have kept pace with the increased number of clients, and we're now receiving more financial support from Arlington County as part of its commitment to maintain its safety net of social services.

"We're entering the busiest season of the year, and we'll need all the help we can get," said Executive Director Christine Lucas. "Please help us by holding a food drive, contributing money or volunteering at AFAC."

At AFAC, we take pride in running a lean, efficient and cost-effective an operation as possible.

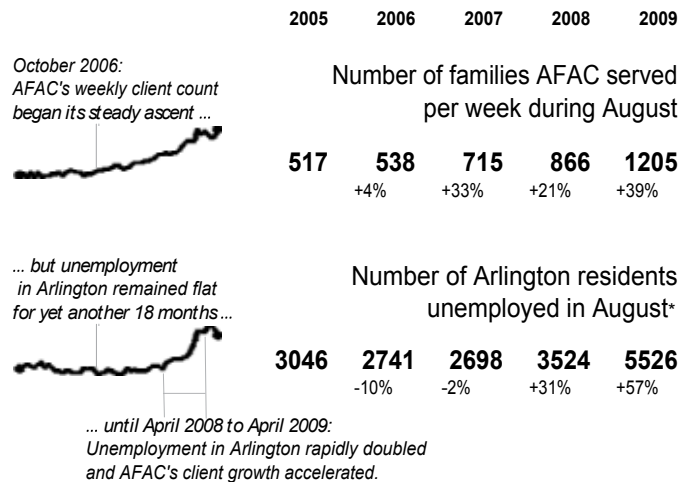
Looking ahead, we see no sign that the start of an economic recovery will immediately benefit our clients. The accompanying analysis, prepared by AFAC Treasurer Paul Evans, compares when the number of clients started to grow to the later growth in unemployment. One indication is that unemployment will have to drop before there's significant decline in families turning to AFAC.

Elsewhere in this newsletter are an interview with a client and accounts of what some of our legion of volunteers did lately to help us.

We thank all of our many donors for your support. You are the lifeline for our clients. Please continue to support us and those we serve.

GROWTH IN CLIENT NUMBERS TOOK OFF BEFORE UNEMPLOYMENT SURGED

The number of needy families coming to AFAC each week for free supplemental groceries continues to rise, as it has steadily since October 2006. Why? As the chart below suggests, when the number of unemployed among Arlington residents increases, so too does the number of families that AFAC serves. But even when local unemployment remained flat, as was the case until early 2008, the count of AFAC families continued to increase. What else might be driving demand for AFAC's services? Might demand be related to growing recognition in the community of the value of AFAC's services to Arlington's safety net? Is Arlington home to growing numbers of elderly on fixed incomes or families struggling on low incomes or under employment? Are rising costs for health care, housing, utilities, or other essentials eroding grocery budgets among these constituencies? All of these explanations for the continuing rise in AFAC counts seem plausible, but for now remain speculative.



*Source: Virginia Workforce Connection www.vawc.virginia.gov

AFAC BOARD

Sue Covucci, Chair
 Cindy Irving, Vice Chair
 Sandy Robinson-Burkholder, Secretary
 Paul Evans, Treasurer
 Fred Jones
 Miguel Monteverde
 John Murphy
 Susan Reardon
 Liz Scheffler
 William Shumann
 Steve Theobald
 Andres Tobar
 Jim Whelan

AFAC STAFF MEMBERS

Bruk Gudissa, Warehouse Assistant
 Michael Hazel, Logistics Manager
 Laura Jackson, Assistant Volunteer Coordinator
 Magdalena Jaskot, Food Drive Coordinator
 Beth Kiley Johnson, Permanent Home Campaign Manager
 Puwen Lee, Volunteer Coordinator
 Christine Lucas, Executive Director
 Wayne Massey, Driver
 Charles Meng, Operations Director
 Koube Ngaaje, Program Assistant
 Bernard Rogers, Driver

LETTER FROM THE CHAIR



Another fiscal year at AFAC has come and gone, and we are hard at work in our 22nd year. Thanks to the generosity of our Arlington community, we are meeting our growing operating costs. In addition, we only need a hundred \$5,000 gifts, and we would be able to pay off the mortgage on our building, which we bought to ensure that we have a Permanent Home in Arlington. The Board Members support both missions 100%, and we hope you will join us by donating to our Food Program or to our Permanent Home Campaign or both.

The staff is preparing for our busiest season, which is right around the corner. As an indicator of what lies ahead, we set another record by serving 1,275 families in the week ending October 3. Our many devoted volunteers continue to sustain us with their growing number of hours assisting us with varied duties.

Please read about the opportunities that are available for you to help AFAC over the coming months.

I ask that you do think of those in Arlington who are the working poor and assist us to continue providing supplemental groceries to them, as well as the elderly, disabled and others we serve.

Again, we thank all of you who support us in many different but vital ways.

Gratefully,

Sue Covucci

THE AFAC MISSION

Mission: More than 20 years after its founding, the Arlington Food Assistance Center continues its mission of obtaining and distributing groceries, directly and free of charge, to the people of Arlington who cannot afford to purchase sufficient food to meet their basic needs.

Our only mission is to feed the hungry, but by relieving the food budgets of our client families, we help prevent homelessness, and allow our clients to make other necessary purchases without sacrificing their health and nutritional needs.

Clients: While hunger might not seem to be a problem in Arlington, the high cost of living means that some families truly can not make ends meet. The working poor, elderly, and disabled people all rely on us. Food from AFAC provides life and health to our families. In addition, the food provides comfort, pleasure and peace of mind. Those feelings are often missing in the lives of the people who turn to us. We help Arlington families stay together, healthy and happier.

Operations: We provide groceries to families and individuals referred to us by the Arlington County Department of Human Services, other social service agencies, and the churches of Arlington. In our Fiscal Year 2009, we distributed over 2 million pounds of food directly to Arlington families. Most of that food (65%) is donated to us from grocery stores, and food drives by businesses, individuals and churches. We now serve over 1,100 families each week.

An Effective Partner: AFAC fits neatly into the comprehensive system of social service delivery that characterizes the work done by the agencies and churches of Arlington. We support the work of other agencies by letting them concentrate on their area of expertise.

If social workers see a need for food in their clients, they can easily refer them to us. This system ensures that our clients are legitimate and that the entire range of their needs is being assessed and addressed.

PERMANENT HOME CAMPAIGN SHOWS STRONG GROWTH

Thanks to many long-time and new AFAC friends, the Permanent Home Campaign (PHC) made a strong stride forward in the year that ended June 30. To date, the Campaign total of gifts and pledges is \$418,474. Kicking off both the support and fun this past year was Keller Williams Arlington's "Pay It Forward, Pay It Down" fundraising event last November for the Campaign. The event raised \$25,000, and Keller Williams is generously hosting the second annual cocktail reception on November 12, 2009.

The June 2009 fund-raiser at the Washington Golf and Country Club netted over \$55,000 for the PHC. A number of anonymous donors have supported the Campaign at the leadership level of \$10,000 or more. Last year, AFAC was also the grateful beneficiary of leadership gifts and pledges from Arlene and Larry Spinelli, Miguel and Jennifer Monteverde, Meltzer Carroll Life, St. Mary's Episcopal Church, the Broccoli Foundation and the Washington Forrest Foundation. AFAC seeks additional friends to commit to the PHC to reach our \$1-million goal. Paying off the mortgage on AFAC's home in Arlington will mean the ability to keep pace with the still



L to R Mary Anne Meigs, Langley Munoz of M&T Bank, a sponsor of the fund-raiser, and Monica and Bill Shumann, AFAC Board member, look over the bidding at the silent auction.

increasing client numbers (50 to 70 percent higher over the last two years), providing food that is the most nutritious possible and educating (on a small scale) the families AFAC serves about good food choices.

PROGRESS REQUIRES PARTNERS!

For more information about how your gift can help, please contact:

Beth Johnson@afacbeth@aol.com or (703) 845-8486.

ARACELY: MAKING IT ON HER OWN, WITH SOME MUCH-NEEDED HELP FROM AFAC

It becomes clear just how important AFAC is when you meet the clients AFAC serves. Here is a glimpse into the life of one client.

On a recent beautiful fall morning, a sweet, soft-spoken Arlington woman named Aracely came to AFAC to collect food for her family of five. Aracely had been to AFAC before: she comes to collect food about once every other week. A single mother of four, she supports her family by working in a restaurant kitchen. She attends classes when she can. A sister-in-law who lives in the area helps with childcare for Aracely's children who range in age from 14 years to 18 months. The three older children attend Arlington County public schools. The family lives near AFAC in a small apartment on George Mason Drive. They have a car so Aracely can get to and from work, and she is able to supplement their meals with food she buys at the grocery store

On the day at AFAC that Aracely agreed to be interviewed for the newsletter, she had two of her children with her: a

lovely 10-year-old girl with long brown hair and an adorable 18-month old-girl wearing a grin from ear-to-ear. The 10-year-old sat quietly beside her mother while they waited for their number to be called. The toddler stayed close to the pair; her mother chatted with her and handed a toy back-and-forth to keep her entertained. When their number was called and they went into the next room to collect their food, the older girl stayed close to her mother, the toddler rode happily on her mother's hip.

After returning from receiving their food, Aracely graciously agreed to answer questions for this article. While she did so, her daughters sat calmly listening to the adult conversation, never interrupting or showing impatience. At the end of the interview, Aracely thanked us for AFAC's help. Then she hoisted her little daughter to her hip again, her other daughter picked up the food bag, and they filed out, stopping only to navigate around other clients waiting for their numbers to be called.

-- Deborah Brennan

Family Night

IT'S IN THE BAG – GETTING KIDS INVOLVED

One day in July, I picked my two sons up from a camp that kept them outdoors all day and announced, "Tonight we're going to bag groceries." Sweaty and tired, Matthew, 11, and David, 9, understandably looked at me like I was nuts.

For quite some time I had been looking for a good charitable activity for us to help with as a family. I wanted to help out in the community, to "give back," and I wanted my sons, who have only known a pretty comfortable existence, to be aware of those less fortunate. So that evening we went to July's family bagging night at AFAC.

Held on the second Monday of each month, family bagging night is when donated groceries are placed in bags for distribution. Families up to four members may take one bag per week, and those with four or more members may take two. On the night my sons and I bagged, each bag contained two cans of vegetables, a can of chicken noodle soup, a can of tomato sauce, and a box of spaghetti.

We were greeted at the door by Mary Appling, who asked me to sign in and then directed us to work at a table where a stack of brown bags and containers of food were already waiting in orderly rows. My sons and I got started. It couldn't have been easier: Open the bag, drop one of each item in, roll the bag closed and place it on a shelf. Working along with us were several other families, some with children as young as 4. Every child I saw was thoroughly engaged in the work. Older children took finished bags from younger ones to carry to the shelves. One bright boy stationed himself by the shelves so the

finished bags could be placed there more efficiently. Naturally adults watched over quality control and stepped in wherever needed.

I could tell Matthew was flattered when he was asked to take on a special assignment – Box Crusher." As Box Crusher, he was responsible for collecting all boxes after they were empties and breaking them down and stacking them. My younger son and I kept working our row until suddenly I realized people had stopped moving: The week's supply of bags was filled. The shelves were stuffed to overflowing. I couldn't believe how quickly it went. Families reunited and filed out the door.

Back in the car, Matthew asked, "When's the next bagging night?"

"August," I answered.

He sighed and said, "We have to wait until then?"

-- Deborah Brennan

Note: Family Bagging Night begins at 6:30 pm the second Monday of the month at AFAC, 2708 South Nelson St. No reservations are necessary; just show up.

HUNGER ACTION MONTH



The Department of Homeland Security's Smart Border Alliance Security Team held a breakfast food drive September 24 as part of Hunger Action Month. The organizers (left to right) were Lynn Newbill, Greg McCray and Sean Cope. Will Fair took the photo.



Members of Great Commission Community Church sort sweet potatoes for AFAC families at the Mid-Atlantic Gleaning Networks (MAGNET) in Cheltenham, MD.

PLANT-A-ROW PROGRAM

PRODUCE YIELDS FROM PLOT AGAINST HUNGER GROW

In its third year, the Plot Against Hunger continued to yield tons of fresh produce for AFAC's clients through gardens, farm market donations and more gleaning opportunities. This year's total was over 175,000 pounds. We maintained our outreach to community gardeners, churches and organizations willing to plant an extra row for the hungry and expanded our outreach in local schools. We added teams to receive, weigh, bag and refrigerate the produce brought in by the farm market pick-up teams and launched a web site with information on community efforts and volunteer opportunities in the plot against hunger.

Our efforts began last winter when individual gardeners, community gardeners and schools started seeds. Seedling donations came to AFAC for distribution to clients and to local plots against hunger such as those at HB Woodlawn and St. Andrew's Episcopal Church to supplement their plantings. Donated vegetable seeds were also distributed to clients during the spring and given to individuals and groups who had promised to plant an extra row for AFAC. Brownie Troop 6954 planted a garden in their troop leader's back yard using seeds donated to AFAC.

Four more churches and seven new schools started gardens for AFAC or rededicated existing ones. George Laumann, a teacher at Campbell Elementary School told us his school had always had gardens for their classrooms, but the focus on planting a row for the hungry gave students a reason beyond science to plant vegetables: sharing with the Arlington community. Campbell donated 84 pounds of leaf lettuce and radishes to AFAC in the spring. This summer, Plot Against Hunger Committee member Paul Adamczak began meeting with teachers involved in the Plant a Row program for AFAC.

Expanded gleaning also boosted our fresh produce poundage this year. Mary Beth Emerson at St. Mary's Episcopal Church served as a clearinghouse for regional gleaning, arranging to make volunteers available to the Mid-Atlantic Gleaning Network (MAGNET) every Saturday morning in July and August. She was able to introduce individuals and groups to the great impact that gleaning can have. "It was a wonderful learning opportunity," she said. "Most people don't have any idea that up to 50 percent of the food we grow is wasted" because it isn't harvested. MAGNET used volunteers to harvest and to help divide produce in their warehouse into smaller loads for distribution to local area food banks. Volunteers from Escuela Bolivia and Our Lady Queen of Peace, who each spent a Saturday morning in MAGNET's warehouse, were among those introduced to gleaning this summer. For those who don't have the space or the inclination to garden, gleaning can be an opportunity to provide an enormous impact with just the commitment of a Saturday morning. This year alone, donations from MAGNET accounted for over 128,000 pounds of produce for AFAC.



From left, Campbell Elementary School Principal Sandra Lochhead-Price, County Board Member Walter Tejada, School Board Member Sally Baird, George Laumann of the Campbell Garden Committee and two students from Ms. Bango's third-grade class at the Plot Against Hunger garden.

Vendors at farmers' markets were extremely generous again this year as AFAC continued its pickups from the Courthouse and Columbia Pike markets this summer. Our driving and produce teams were tremendously helpful this summer--picking up donations from the farm markets, delivering them to AFAC, weighing it, and preparing it for distribution by bagging and refrigerating thousands of pounds of fruits and vegetables on Saturday and Sunday afternoons beginning in June. By processing the produce as it came in, we were able to minimize damage and wastage and make the most of the donations. Farmers' market donations alone accounted for over 37,000 pounds of produce this summer. Toward the end of the season, we began to pick up from vendors at the Crystal Farm Market in Crystal City on Tuesday Evenings. We hope to expand pickups to other area farm markets next year.

To help us get the word out about the plot against hunger, Andrew Nuckols developed a website at www.plotagainsthunger.org. Photos of area plots and their produce, gleaning and other volunteer opportunities, gardening information, and links to other sites were all posted throughout the year. This site is updated regularly, so please visit it to see if there's an opportunity that appeals to you.

--Lisa Crye



Volunteer Bob Johnson brings his wife Judy's tomato seedlings to AFAC for distribution to gardens.

Thanks to AFAC's 2009 Summer Teens!

Many thanks to the 86 teenagers who volunteered at AFAC this summer. Summer teens helped in the warehouse, with distribution, and in the office. Their cheerful and energetic presence kept AFAC operations running smoothly during the summer months so regular volunteers could take a well-deserved rest!

One of our teens, Cameron Little, wrote the following about his volunteer experience at AFAC.

"When I showed up for my first day of the AFAC Summer Teen Program I had no idea what to expect. I was a little nervous at first, but after getting introduced to everyone and settling in to everything, I finally started to relax and have fun. I really liked bagging rice, since that was the easiest job, but my favorite would definitely have to be sorting cans. It's not my favorite because it was the most fun or anything, but because for some reason Mario always seemed to only ask me to do it. But the best part about sorting cans was that as soon as I would finish sorting them, someone would always come up with another bag full of them. I probably spent half my time at AFAC filling crate after crate after crate. Apparently I have some sort of special can sorting ability that I never knew about until this past summer. And even though I never got one of those awesome AFAC t-shirts, I still had lot of fun volunteering and I'll definitely come back next summer if at all possible."

We thank the following teens for their help in the Summer of 2009:

Eli Auerhan	Nicholas Messinger
Bart Bachman	Vincenza Montante
Pria Barua	Connor Moore
Catherine Boryan	Luke Morell
Maggie Bussard	Sarah Morell
Floria Callwood	Nora Mosely
Pachu Chembukaye	Sarah Mosely
Elizabeth Connolly	Selam Negash
Christopher Connors	Edward Nguyen
Judy Crews	Kyle Oliver
John Crews	Sami Omer
Chanika Dampagedon	Jack Overstreet
Paula DeFrancis	Libby Parker-Simkin
Grace Denney	Katia Patin
Max Denney	Emma Petree
Josh Doyon	Claire Rogers
Matt Ernesto	Alex Rosenberg
Lydia Fisher-Lasky	Max Rosenberg
Ian Fenney	Michael Saracco
Ben Foster	Evan Seklecki
Nick Fry	Emilia Sens
Laine Funkhouser	Christian Shirai
Sherri Goldman	Nicholas Shirai
Brian Grannan	Sammy Silverman
Kevin Haberstick	N'Dri Sligh-N'Cho
Peter Hansen	Stephanie Smith
Katharine Harris	Caroline Smith
Genna House	Sam Snead
Betty Huang	Nick Som
Thomas Hughes	Sarah Spaeth
Elaine Hynds	Michael Stahr
Sarah Jensen	Wesley Stukenbroeker
Hye Jung Kim	Claire Stump
Mihir Kochhar	Nadia Thura
Nina Labovich	Adrienne Todela
Jamie Leach	Thu Tonnguyen
Denise Li	Tori Travers
Bennett Liroff	D'Angelo Veney
Cameron Little	Liz Verrecchia
Anna Lopez-Riveira	James Wilson
Eleanor Love	Alexa Yeonas
Margaret Love	Dimitri Yeonas
Susie Lui	Paul Yeonas
Sarah McAfee	



Volunteers Aaron Kahn and Robin Overholt pick crookneck squash at the Agriculture Department's facility in Beltsville, MD as part of our effort to get fresh produce for AFAC families.

NEW AT AFAC

Paul Evans is the Treasurer and a new member of the Board. He is the CFO, Treasurer and Senior Consultant at Evans Incorporated, a 16-year-old consultancy whose clients range from the International Monetary fund and the Federal Aviation Administration to the Girl Scouts of the USA National Headquarters. Earlier, he was a full-time faculty member in Decision Sciences and Management Information at George Mason University. Paul has a Ph. D. in Computer and Information systems from the University of Michigan. He's married to Susan Evans, the president/CEO of Evans Incorporated, and they have lived in Arlington for 20 years. Their son Geoff is a teacher, coach and counselor at the Hun School in Princeton, NJ. A passion of his is racewalking, and he has completed several half-marathons.

Another new Board member is **Susan Reardon**. She is the Vice President and Executive Director of the National Chamber Foundation, a non-profit, public policy think tank affiliated with the U.S. Chamber of Commerce. The Foundation conducts research and holds events around the country on emerging and critical issues facing the American business community. Before joining the Foundation, Reardon was Executive Director of the Foreign Service Association, the professional organization that represents career diplomats and Foreign Service employees. She has degrees from the University of California and Virginia Tech and lives in Arlington with her husband and two sons.

New Board member **Steve Theobald** is the owner and General Manager of Proshred of Northern Virginia, a franchise of

Proshred Security, the national on-site document destruction and recycling company. He established the office in 2007 and serves clients in Northern Virginia, Western Maryland and the West Virginia panhandle. Earlier Steve had a long career in several successful entrepreneurial ventures in the New York area. Most recently, he was vice president of finance of TheLadders.com, the largest \$100,000+ jobsite and helped guide the company through an eightfold increase in revenue. Steve has an MBA from the Harvard Business School and a BA from Georgetown University. He lives in Arlington with his wife and three sons.

The new Warehouse Assistants are **Bruk Gudissa** and **Bounyou Sayboun**. They help Warehouse Manager Mario Vargas by receiving donations and deliveries of food and organizing them for later distribution to clients. The job is physically demanding as it involves both heavy lifting and speed. Bruk and Bounyou move a lot of food on short notice and, particularly during the daily distribution, have to see quickly what needs to be done and respond on their own initiative. Bruk is from Ethiopia and started as a volunteer. He so impressed AFAC managers that he was hired. Bounyou is from Laos.

Returning to AFAC is **Koube Ngaaje**, the Program Assistant. Before leaving last year for graduate school, she was the Food Drive Coordinator and assistant to Executive Director Christine Lucas. Having received her master's degree in forensic psychology, she's come back as Program Assistant to Operations Director Charles Meng. Among her many duties is maintaining our database of food donations.

Thank you to the following for their 2009 participation in the Plot Against Hunger program at AFAC:

INDIVIDUALS:

Meg Birney, Winthrop Cashdollar, Catie Drew, Bill and Betty Dunn, Sarah Goodwin, Elizabeth Grossman, Les Hambridge, Bud and Helen Hensgen, Jan Hull of Lake Valley Seeds, Nancy Hyde, Bob and Judy Johnson, Caroline Klam, Melissa Land, Susi Lill, Kim McKnight, Diane Micker, Mason Moorman, Donna Moss, Lynn Myers, Janet Oak, Ilmar Paegle, Ken Pearlstein, Steve Pollard, John Porte, Connie Puffinberger, Andy Semmel, Jan Smith, Roger Soles, Laurie Vikander, Rose Wells, E. Wright.

FAITH-BASED ORGANIZATIONS:

Church of the Latter Day Saints, Congregation Etz Hayim, Grace Community Church, Holy Trinity Lutheran Church, Resurrection Lutheran Church, Rock Spring Congregational Church, St. Andrew's Episcopal Church, St. Mary's Episcopal Church.

COMMUNITY GARDENS:

Ft. Barnard Community Garden, Four-Mile Run Community Garden, Master Gardener Organic Garden/Potomac Overlook, 10th and Barton Street Community Garden.

SCHOOLS:

Brownie Troop 6954 and Daisy Troop 25; Abingdon Elementary, Arlington Traditional Elementary, Ashlawn Elementary, Campbell Elementary, Escuela Key Elementary, HB-Woodlawn Middle School, Jamestown Elementary, Nottingham Elementary, Patrick Henry Elementary, Science Focus Elementary, Thomas Jefferson Elementary, Tuckahoe Elementary

VENDORS at the Columbia Pike, Courthouse and Crystal City Farmers' Markets.

OTHER: Mid-Atlantic Gleaning Network (MAGNET), USDA Agricultural Station/Beltsville.

For further information on how you can participate in AFAC's Plot Against Hunger project, contact Puwen Lee at afacpuwen@aol.com or (703) 845-8486 or visit www.plotagainsthunger.org.

ARLINGTON FOOD ASSISTANCE CENTER (AFAC)
2708 SOUTH NELSON STREET
ARLINGTON, VA 22206



NON-PROFIT ORGANIZATION
U.S. POSTAGE PAID
ARLINGTON, VA
PERMIT NO. 5066

SOME FACTS ABOUT AFAC FROM FISCAL YEAR 2009

The average number of families turning to us each week set a record – going from 874 to 1,139 in just one year.

Now we often serve over 1,200 families a week.

In the year ending June 30, 2009, we distributed over 2 million pounds directly to Arlington families in need and another 21,000 pounds to other feeding programs.

Volunteers gave over 24,000 hours of help to AFAC. That's the equivalent of nearly 12 fulltime employees.

Over 65 percent of the food distributed was donated to us.

Over 4,000 food donations came from families, businesses, churches and other organizations.

We served every referred family that turned to us for help.

We thank all who help us. We don't expect the need for our services to decline quickly.

Visit us at www.afac.org or call 703-845-8486 for ways you can help feed our neighbors in need..

Please designate AFAC #8354 in the United Way campaign or #19265 in the CFC.



Feeding Our Neighbors In Need